



Consultation Service for Managers and Teams

Being an effective manager in the modern NHS is challenging, complex and often exhausting. As such it is unrealistic that you can possibly know all the answers or hold the solutions your staff may ask of you.

The Employee Well-being Service is available to help you in a number of ways. We have a broad professional skill set within our team that allows us to assess, formulate and understand the wellbeing related needs of your team be these issues related to morale, health, leadership, culture, safety, performance, or more traditionally stress.

Whether you would like some one-off confidential advice, an informal conversation about your team, or a more involved form of support please contact us on Tel: **01633 234888** or Email: **ABB.EmployeeWellbeing@wales.nhs.uk**